LUNCH

FRESH ON ICE

RAW BAR

OYSTERS*	3.00
RI LITTLENECK CLAMS*	2.25
RI CHERRYSTONE CLAMS*) 2.25

COLOSSAL SHRIMP COCKTAIL 4.25

PLATTER S

THE OCEANUS*

12 oysters, 12 littlenecks, 8 shrimp cocktail, one pound chilled lobster 136

THE P.O.B*

6 oysters, 6 littlenecks, 6 shrimp cocktail, half of a one pound chilled lobster split 78

SHOOTERS

BLOODY MARY SHOOTER* Bloody Mary mix, vodka, horseradish 10

MEXICAN OYSTER SHOOTER* Tequila, agave nectar, jalapeño, lime zest 10

SALAD

CAESAR Topped with anchovies, garlic Parmesan croutons,creamy Caesar dressing 12

POB HOUSE Field greens, tomatoes, cucumber, red onion, balsamic vinaigrette 11

ROASTED BEET Pickled red onion, heirloom tomatoes, goat cheese, balsamic vinaigrette 16

WELLNESS SALAD

A flavorful blend of greens, beets, peppadew peppers, red onion, quinoa, sliced avocado, almonds, chickpeas, heirloom tomatoes, citrus vinaigrette 16

COBB SALAD Bacon, hard boiled egg, bleu cheese, avocado, tomato, sherry vinaigrette 16

SALAD ADDITIONS Grilled Salmon* +14 Grilled Tuna* +20 Grilled Shrimp +12 Grilled Chicken +6

SOUP

LOBSTER BISQUE Cup 10 Bowl 12

CLAM CHOWDER New England • Manhattan • Rhode Island Cup 8 Bowl 10

STARTERS

CHAR GRILLED OYSTERS (5) With garlic butter,Parmesan cheese & fresh herbs 16.95

SCALLOPS & BACON Wrapped in bacon tossed with espresso maple sauce 18.95

BRUSSELS & BACON Roasted Brussels, bacon, lemon zest 13.95

LOADED GREEK HUMMUS Tomato, cucumber, red onion, feta, Kalamata olives, grilled Naan bread \$14.95

ASIAN CHICKEN WINGS Bone-in wings tossed with Asian sesame glaze 14.95

WASABI GINGER CALAMARI Pickled cucumber, peppadew peppers, pickled ginger, wasabi aioli 15.95

RHODE ISLAND CALAMARI Hot peppers, garlic, herbs, side marinara 15.95

BRAISED LITTLENECKS & BEANS Native clams, chorizo sausage, Cannellini beans, potatoes, herb wine broth & garlic bread 16.95

TEMPURA SHRIMP Light tempura battered shrimp, tossed in a sweet chili sauce, served with ponzu dipping sauce 15.95

OYSTERS ROCKEFELLER (5) Spinach, Parmesan, Pernod 16.95

MOULES-FRITES PEI mussels, smoked bacon, shallots, white wine cream broth, topped with house cut fries 17

CLAMS CASINO (8) Seasoned breadcrumbs, casino butter, bacon, bell peppers, shallots 15 .95

HAND-ROLLED SUSHI

VEGGIE ROLL Asparagus, cucumber, avocado, sesame seeds 11

SPICY TUNA* Ahi tuna, Sriracha, cucumber 15

SPICY SALMON* Salmon, cucumber, avocado 15

CALIFORNIA ROLL Snow crab, avocado, cucumber, sesame seeds 18

CHRONIC ROLL* Tempura shrimp, cucumber, avocado inside; topped with spicy tuna, tempura flakes, drizzled with eel sauce & spicy mayo 20

GODFATHER ROLL* Tempura shrimp & spicy snow crab, cucumber inside; topped with salmon, tuna, avocado eel sauce & sesame seeds 21

MEXICAN ROLL* Tempura shrimp, spicy tuna, cilantro inside; topped with tuna, avocado, jalapeño 20

SURF & TURF* Tempura shrimp, cucumber inside; topped with filet mignon, tuna, avocado, eel sauce & sesame seeds 23



Please inform your server of any Food Allergies that may require special attention.

*Foodbourne Illness Advisory: Raw or Partially cooked items may increase your risk of illness. Consumers who are especially vulnerable to food-borne illness should only eat seafood and or animal meats that are thoroughly cooked.

LUNCH

\$23.95 EXPRESS LUNCH IN-HOUSE TWO COURSE SPECIAL

First Course

Choice Of One **CUP OF CHOWDER** Manhattan, New England or Rhode Island

SALAD Caesar or House Garden

Second Course

Choice Of One CHAR GRILLED P.O.B BURGER* Black Angus, maple cracked pepper bacon, white cheddar, lettuce, tomato, herb aioli

FISH TACOS

Choice of: Tempura Shrimp or Blackened Swordfish, Chipotle aioli, shaved lettuce & guacamole

PESTO CHICKEN SANDWICH

Artichokes, bell pepper, goat cheese & garden greens

FISH N ' CHIPS

North Atlantic codfish fried golden brown, served with fries and cole slaw

SCAMPI PASTA

gulf shrimp in a white wine garlic sauce, parsley, spaghetti

FRESHOCEAN LOBSTER

1 1/4 LB - 3LB AVAILABLE DAILY

STEAMED OR STUFFED

Served with house vegetable and mashed potatoes, drawn butter, lemon mrkt

POB BAKED STUFFED LOBSTER Scallops, shrimp, crab meat & Ritz cracker

crumb stuffing. mrkt +23

HAND HELDS

SERVED WITH FRENCH FRIES

NEW ENGLAND LOBSTER ROLL

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Fresh lobster salad tossed with a touch of herb mayonnaise served in a butter brioche roll. mrkt (make it a hot & buttered)

OYSTER PO BOY

Served with lettuce, tomato, pickles, rémoulade & cole slaw on toasted baguette 21.95

POKE BOWLS

Edamame beans, avocado, peppadew peppers,scallions, seaweed salad, carrot, cucumber and crispy wonton chips over sesame sticky rice, topped with a togarashi seasoning and ponzu sauce 24.95 CHOICE OF: POKE SALMON* | POKE TUNA* | GRILLED CHICKEN

SIMPLY GRILLED

SERVED WITH CHEF'S SELECTED VEGETABLES AND ROASTED POTATOES

SWORDFISH 32.95 | ATLANTIC SALMON* 28.95 | HALIBUT 35.95 BERKSHIRE PORK CHOP* 29.95 | FILET MIGNON 80Z*48

CAJUN SHRIMP PASTA

Shrimp sautéed with Andouille sausage, red bell pepper,mushroom and spinach in a tomato Cajun cream sauce tossed with Cavatappi pasta 24.95

CIOPPINO

A fisherman's stew of fish, clams, mussels, shrimp, calamari, saffron tomato broth, wood grilled bread 32.95

SEARED SEA SCALLOPS*

Pan seared scallops served over sweet potato puree,roasted Brussels sprouts & cauliflower with caramelized onion & bacon jam 33.95

CHICKEN MILANESE

Breaded chicken cutlet, heirloom cherry tomatoes, arugula. Topped with white balsamic vinaigerette & shaved Parmesan. Served with a side of roasted potato 24.95

LOBSTER GNOCCHI

Lobster meat, smoked bacon, shiitake mushrooms,roasted tomatoes, spinach, potato gnocchi, pink vodka sauce 35.95

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MAIN PLATES BAKED STUFFED SHRIMP

Garlic mashed potatoes, Chef's vegetable 25.95

BEER BATTERED FISH N' CHIPS French Fries, tartar sauce, cole slaw 21.95

FRIED OYSTERS French Fries, tartar sauce, cole slaw 25.95

SESAME SEARED AHI TUNA* Lobster wontons, baby bok choy, sweet soy glaze 34.95

LINGUINE & LITTLENECK CLAMS White wine, lemon, garlic, parsley 25.95

COD BIANCO

Georges Bank cod loin, shrimp, roasted garlic, sautéed spinach, onion & tomatoes, fingerling potatoes, Champagne sauce 27.95

